Fit for Kids Plus, 4x6, Cheese, Whole Grain, 4.68 oz

Fit for Kids Plus products offer 10% calories from sat fat or lower, 30% calories from fat or lower and 600mg of sodium or lower per serving. Less is the New More.

Nutrition Facts

Serving Size: 4.68 OZ
Servings Per Container: 96

Amount Per Serving
Calories: 280
Calories from Fat: 72

% Daily Value*

Total Fat 8 g 12%
Saturated Fat 3 g 15%
Trans Fat 0 g 0%
Cholesterol 15 mg 5%
Sodium 560 mg 23%
Total Carbohydrate 37 g 12%
Dietary Fiber 4 g 16%
Sugars 4 g
Protein 16 g

Water, whole grain wheat flour, enriched wheat flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folate), part skim mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes), tomato paste (not less than 31% NTSS), pasteurized part skim milk, soy flour, soybean oil. (May contain citric acid as a preservative); contains 2% or less of: casein, milk protein concentrate, dextrose, modified food starch, spice blend (sugar, spices, garlic powder, citric acid), salt, baking powder (sodium bicarbonate, sodium aluminum sulfate, corn starch, monocalcium phosphate, calcium sulfate), nonfat milk, dough conditioner (wheat flour, salt, soy oil, l-cysteine, ascorbic acid, enzymes) and/or wheat gluten, modified potato starch, yeast (yeast, sorbitan monostearate, may contain ascorbic acid), sodium aluminum phosphate, calcium carbonate, potato starch, cheese cultures, disodium phosphate, mozzarella cheese type flavor (cheese [milk, culture, rennet, salt], milk solids, disodium phosphate, lactic acid, sorbic acid [preservative], nutrient blend [magnesium oxide, zinc oxide, calcium pantothenate, riboflavin and vitamin b-12]), vitamin a palmitate, enzymes; contains milk, wheat, soy.

Handling Suggestions:

Follow the Food Code

Serving Suggestions:

Main menu or a la carte.

Benefits:

4x6 pizza offers 2 equivalent grains and 2 meat/meat alternates, 1/8 cup veg. Made with 51% whole grain.

Prep & Cooking Suggestions:

Note: Ovens will vary so please adjust time and temperature accordingly. Refrigerate or discard any unused portion. Convection oven: Bake at 375°F. Bake on parchment lined pan 12 to 17 minutes or until internal temperature reaches a minimum of 165°F. Conventional oven: Bake at 400°F. Bake on parchment lined pan 12 to 17 minutes or until internal temperature reaches a minimum of 165°F.

More Information:

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